



## UIC chapter of the State Universities Annuitant Association

### Longer lifespan or healthier old age? April 1 meeting features talk by noted longevity researcher



Monday, April 1, Michele Thompson Rooms  
UIC Student Center West, 828 S. Wolcott

Human longevity has reached its upper limits, says [S. Jay Olshansky](#), UIC professor of public health. He believes it's time to work on extending the period that people remain healthy as they age.

"You don't want to live to be over 100 years old if the last 20 years of your life are spent in pain and sickness," Olshansky says in the *Journal of the American Medical Association*. "We should not continue to pursue life extension without considering the health consequences of living longer lives."

Olshansky's talk, which begins at 11:30 a.m. after the business meeting, is free and open to the campus community.

#### Complete meeting schedule:

**10 a.m.:** Coffee and rolls

**10:30 a.m.:** Business meeting, including election of officers

**11:30 a.m.:** S. Jay Olshansky, "Lifespan vs. Healthspan"

**12:30 p.m.:** Buffet luncheon, \$20. RSVP by **March 26** to [Karen Scherman](#).

**Parking:** Wood Street Parking Structure, 1100 S. Wood St. Discount parking coupon \$7, available at event check-in. For information on disabled parking, contact [Deb Matthews](#).

**Luncheon RSVP by March 26 to [Karen Scherman](#). Mail \$20 luncheon payment to Karen Scherman, 711 McCarthy Road, Lemont, IL 60439, or pay at event with advance RSVP **only**.**